



CHUNKY MONKEY SMOOTHIE BOWL

Smoothie bowls just got easier than ever with the f'real by Rich's Foodservice Blender and f'real by Rich's Made to Order Smoothie Base. To make this Chunky Monkey Smoothie Bowl, simply add cacao powder, honey, peanut butter and a pinch of cinnamon to a f'real by Rich's Made to Order Smoothie Base and blend in your f'real by Rich's B7 Blender until smooth. Pour into a serving bowl and top with banana slices, cacao nibs and crunchy granola. It's that simple!

Yield: 1 Bowl

INGREDIENTS

RICH'S f'real Made to Order Smoothie Base, 12 8-Fl Oz (#80045)

2 tsp. Cacao Powder

2 tsp. Honey

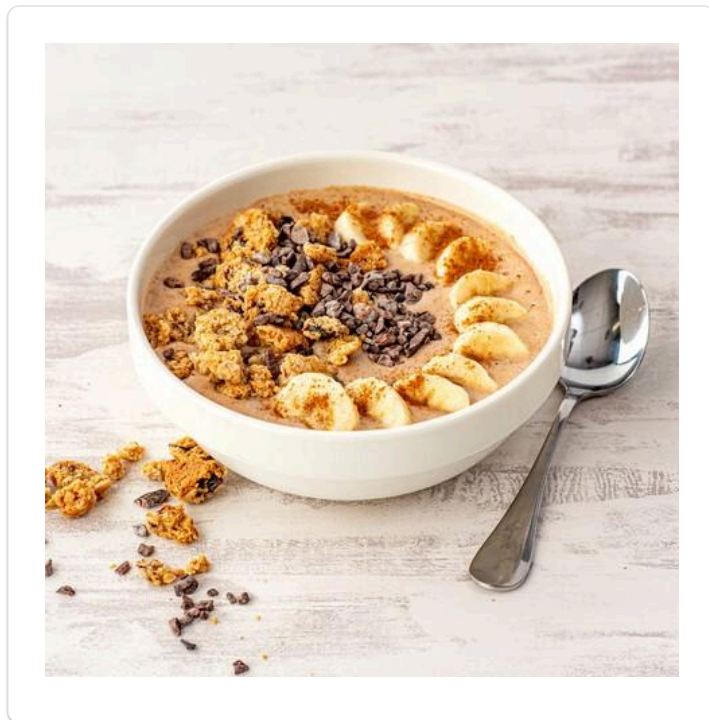
2 tsp. Peanut Butter

1 Pinch Cinnamon

1 Banana (sliced)

Cacao Nibs, for topping

Granola, for topping



DIRECTIONS

- 1 Add cacao powder, honey, peanut butter and cinnamon to f'real by Rich's Made to Order Smoothie Base.
- 2 Blend with the f'real by Rich's B7 Back of House Blender.
- 3 Pour into serving bowl and top with banana slices, cacao nibs and granola.
- 4 Top it off with a sprinkle of cinnamon. Serve.