



FRENCH TOAST PEACH PARFAIT

French Toast Peach Parfait, a delightful blend of creamy vanilla yogurt, juicy diced peaches, and warm, toasty French toast sticks. Perfectly layered and oh-so-yummy, this parfait is a breakfast dream come true. It's easy to make and fun to eat!

Yield: 1 Parfait



INGREDIENTS

- 2 Stick **RICH'S** FARM RICH 51% WHOLE GRAIN FRENCH TOAST STICKS, 12 2-LB BAGS (#37720)
- 1/2 C Vanilla yogurt
- 1/2 C Drained diced peaches
- 1 oz **RICH'S** On Top® Original Whipped Topping, 12 16-Oz Bags (#02559)

DIRECTIONS

- 1 Scoop 1/4 cup of vanilla yogurt into the bottom of the cup
- 2 Layer 1/4 cup of drained diced peaches on top of the vanilla yogurt
- 3 Repeat steps 1 & 2
- 4 Top with 1 oz of On Top Whipped Topping
- 5 Add 2 Farm Rich Whole Grain French Toast Sticks in the parfait to finish

CHEF NOTES

This recipe provides 1 oz grain eq. and 1/2 Fruit per 1 Parfait in accordance with USDA guidelines for child nutrition.