MINT CHIP PROTEIN MILKSHAKE

Minty, creamy goodness, with a surprise. This mint chip milkshake is a delightful combination of ice cream, milk, chocolate shavings, and completed with smooth whipped topping. The surprise? It's packed with 30g of protein! You can let yourself indulge in this nostalgic shake, while also giving your body a functional boost.

Yield: 1 Milkshake



INGREDIENTS

2 fl.oz.	Richs ® Protein Syrup, 4 Ct, 32.9 fl. oz. (#26557)
3 C	Mint Chocolate Chip Ice Cream, or Non-Dairy Alternative
1.5 C	Milk or Milk Alternative
1 oz	On Top® Original Whipped Topping, 12 16-Oz Bags (#02559)
1 tsp.	Chocolate Shavings, for garnish

DIRECTIONS

1. Add ice cream, milk, and two full pumps of protein syrup to a blender.
2. Blend until smooth.
3. Pour mixture into a glass.
4. Top with On Top® Whipped Topping and chocolate shavings. Serve.

© 2026 RICH PRODUCTS CORP. ALL RIGHTS RESERVED • 1-800-356-7094