STRAWBERRY PROTEIN REFRESHER

This is a sweet treat you don't have to feel guilty about. With strawberries, green tea, and grape juice, this refresher is sure to give you rose colored glasses. Easy prep and maximum benefits make this a standout addition to any beverage lineup. Refreshers are in. Protein is in. What more do you need to hear?

Yield: 1 Refresher



INGREDIENTS

1 fl.oz.	Richs ® Protein Syrup, 4 Ct, 32.9 fl. oz. (#26557)
1 oz	Sweet Cream Soft Whip Cold Foam, 12 Ct, 1.19 lb (#09229)
2.5 C	Water, divided
1/2 C	Sugar
1 C	Frozen Strawberries
1 Unit	Green Tea Bag
1 C	White Grape Juice
2 Unit	Fresh Strawberry, sliced
1 C	Ice
1 tsp.	Pink Food Coloring

DIRECTIONS

1. Combine one cup of boiling water with sugar. Stir until dissolved.
2. Steep tea bag in remaining 1.5 cups of water for 3-4 minutes. Discard bag.
3. Add simple syrup to brewed tea.
4. Add tea mixture and frozen strawberries to a blender. Blend until smooth. Strain out strawberry seeds.
5. Pour refresher into a glass.
6. Stir in white grape juice.
7. Add one full pump of protein syrup and stir to combine.
9. Add in strawberry slices (leaving some on the side for garnish) and stir.
8. Add ice to a glass. Pour refresher over ice.
10. Fold pink food coloring into your Soft Whip Cold Foam.
11. Top your drink with the pink cold foam.
12. Garnish with additional strawberry slices. Serve.

© 2026 RICH PRODUCTS CORP. ALL RIGHTS RESERVED • 1-800-356-7094