ACAI SMOOTHIE BOWL

Your own fresh fruit oasis, all in one exciting spoonful. This acai smoothie bowl takes a classic f'real smoothie and amplifies it with all your favorites. Bananas, strawberries, dragon fruit, coconut; you name it, this bowl has it! Just slice, blend, and combine for this creamy, nutrient packed bowl that's as simple as 1,2,3! Customize with your favorite fruits for the perfect smoothie experience!

Yield: 1 Smoothie Bowl

INGREDIENTS

1 Unit	f'real by Rich's Blend n' Serve Strawberry Banana Smoothie, 12 Ct, 16 fl. oz. Cups (#80053)
2 oz	Acai Berries
1/2 C	Banana, Sliced
1/4 C	Strawberries, sliced
2 tbsp.	Coconut, toasted
2 tbsp.	granola
1/4 C	Dragon Fruit, diced
2 tbsp.	Greek yogurt
1 tbsp.	Chia Seeds

DIRECTIONS

1. Add acai berries to the f'real smoothie cup. Blend until smooth.
2. Pour smoothie in a bowl.
3. Arrange toppings on the smoothie mixture to your liking. Serve.

CHEF NOTES

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Nutritional supplements can be blended directly into the smoothie base. Any fresh fruit can be substituted.

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