



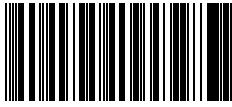
Product Code: 14010

FULLY BAKED OVEN FIRED FLATBREAD WHOLE GRAIN RICH 6 X 6 IN SQUARE

2 OZ EQ WGR oven fired flatbread ready to thaw and serve to hungry students.



CASE GTIN



00049800140103

SPECIFICATIONS & STORAGE

GTIN:	00049800140103
Case Count:	192
Master Pack:	CASE
Net Case Weight:	26.4 LB
Gross Case Weight:	28.132 LB
Case Cube:	1.92
Pallet Pattern:	4 Ti x 9 Hi (36 Cases/Pallet)
Serving Size:	1 FLATBREAD (62 G)
Shelf Life from Manufacture:	365 DAYS
Storage Method:	Keep Frozen
Shelf Life Refrigerated, Prepared:	0 DAYS
Shelf Life Ambient, Prepared:	0 DAYS
Shelf Life Refrigerated, Thawed:	N/A
Shelf Life Ambient, Thawed:	N/A
Master Unit Size:	2.2 OZ
Case Dimensions:	26.75 IN L x 13.5 IN W x 9.19 IN H

PRODUCT INGREDIENTS

WHOLE WHEAT FLOUR, ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, ASCORBIC ACID ADDED AS A DOUGH CONDITIONER, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, SOYBEAN OIL, YEAST, CONTAINS LESS THAN 2% OF THE FOLLOWING: SUGAR, NONFAT DRY MILK, WHEAT GLUTEN, SALT, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA, MONOCALCIUM PHOSPHATE), SODIUM STEAROYL LACTYLATE, GUAR GUM, ENZYMES.

ALLERGENS

CONTAINS: MILK, WHEAT
MAY CONTAIN SOY

DERIVED FROM BIOENGINEERING

TIPS & HANDLING

KEEP FROZEN 0°F OR BELOW Handling Instructions: 1. Keep product frozen at 0°F or below until ready to use 2. Defrost and store thawed flatbread at room temperature Note: To prevent drying, flatbread must be completely covered with plastic when stored in the freezer, refrigerator or at room temperature. Thawing in refrigerator or near sources of heat causes moisture loss. 3. Warm flatbreads prior to folding for easier handling Note: Cold, dry or toasted flatbread will crack when folded 4. To properly fold/roll flatbread, locate the grill marks which represent the "grain". Fold/roll the flatbread against the grain 5. For sandwich applications with a more authentic artisan appearance, expose the oven fired bubbles when folding the flatbread around ingredients

Nutrition Facts

1 Servings Per Container

Serving Size 1 FLATBREAD (62 g)

Amount Per Serving

Calories 180

	% Daily Value*
Total Fat 5g	6%
Saturated Fat 1g	5%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 330mg	14%
Total Carbohydrate 28g	10%
Dietary Fiber 3g	10%
Total Sugars 2g	
Includes 1g Added Sugars	2%
Protein 6g	12%
Vitamin D 0mcg	0%
Calcium 30mg	2%
Iron 1.5mg	8%
Potassium 120mg	2%
Thiamin	20%
Riboflavin	10%
Niacin	10%
Folate	6%

* The % Daily Value (dv) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

100g Nutrition Facts

Calories	285.493
Protein	9.338 G
Carbohydrates	44.352 G
Sugars	3.088 G
Added Sugars	1.95 G
Sugar Alcohol	0 G
Water	36.457 G
Fat	7.998 G
Saturates	1.512 G
Trans Fat	0.097 G
Cholesterol	0.411 MG
Fiber	4.349 G
Minerals	
Ash	1.855 G
Calcium	41.485 MG
Iron	2.483 MG
Sodium	525.841 MG
Thiamin	0.368 MG
Riboflavin	0.204 MG
Niacin	3.134 MG
Potassium	188.414 MG
Vitamin D	0 MCG
Folic Acid	41.586 MCG