



Product Code: 75686

PROOF & BAKE 7 GRAIN BREAD DOUGH, 24 COUNT, 20 OZ

Multigrain bread with a hint of sweetness. Made with whole wheat flour cornmeal crushed wheat flax seeds millet seeds oats and sunflower seeds. Proof-and-bake format.

SPECIFICATIONS & STORAGE

GTIN:	00057592756860
Kosher Certification:	KOF-K
Kosher Status:	PARVE
Kosher Certificate:	View Certificate
Case Count:	24
Master Pack:	CASE
Net Case Weight:	30 LB
Gross Case Weight:	31.65 LB
Case Cube:	0.966
Pallet Pattern:	10 Ti x 7 Hi (70 Cases/Pallet)
Serving Size:	2 OZ (56 G/ABOUT 1 INCH SLICE)
Shelf Life from Manufacture:	150 DAYS
Storage Method:	Keep Frozen
Shelf Life Refrigerated, Prepared:	0 DAYS
Shelf Life Ambient, Prepared:	0 DAYS
Shelf Life Refrigerated, Thawed:	N/A
Shelf Life Ambient, Thawed:	N/A
Master Unit Size:	20 OZ
Case Dimensions:	15.81 IN L x 11.56 IN W x 9.12 IN H

PRODUCT INGREDIENTS

INGREDIENTS FOR U.S. MARKET: ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, IRON AS FERROUS SULFATE, THIAMINE MONONITRATE, ENZYME, RIBOFLAVIN, FOLIC ACID), WATER, WHOLE WHEAT FLOUR, YEAST, HIGH FRUCTOSE CORN SYRUP, SUNFLOWER SEEDS, FLAXSEED, MILLET SEEDS, DEGERMED YELLOW CORNMEAL, CRUSHED WHEAT, WHEAT GLUTEN, RYE FLOUR, OATS, CONTAINS LESS THAN 2% OF THE FOLLOWING: SOYBEAN OIL, SALT, SODIUM STEAROYL LACTYLATE, DATEM, ASCORBIC ACID, ENZYMES.

ALLERGENS

CONTAINS: WHEAT
MAY CONTAIN MILK, SOY AND EGGS

CONTAINS A BIOENGINEERED FOOD INGREDIENT

TIPS & HANDLING

1. PLACE FROZEN DOUGH ON A LINED SHEET PAN. COVER WITH SILICONE PAPER AND IDENTIFY BREAD. DEFROST OVERNIGHT IN RETARDER. 2. PLACE IN BREAD PANS SEAM SIDE DOWN. GIVE 20 -30 MINUTES FLOOR TIME. 3. PROOF UNTIL THE CROWN OF THE BREAD IS 1" (2.5 CM) ABOVE THE TOP OF THEPAN. 4. BAKE UNTIL THE SIDES AND TOP OF THE LOAF ARE GOLDEN BROWN. OVEN TEMPERATURE: CONVENTIONAL: 400 F (205 C) CONVECTION: 350 F (175 C)

Nutrition Facts

8 Servings Per Container

Serving Size 2 OZ (56 G/ABOUT 1 INCH SLICE)

Amount Per Serving

Calories 160

	% Daily Value*
Total Fat 3g	4%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 190mg	8%
Total Carbohydrate 27g	10%
Dietary Fiber 2g	8%
Total Sugars 2g	
Includes 2g Added Sugars	3%
Protein 6g	12%
Vitamin D 0mcg	0%
Calcium 10mg	2%
Iron 1.6mg	8%
Potassium 90mg	2%
Thiamin	15%
Riboflavin	8%
Niacin	6%
Folate	8%
* The % Daily Value (dv) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

100g Nutrition Facts

Calories	245.887
Protein	9.549 G
Carbohydrates	42.405 G
Sugars	3.209 G
Added Sugars	2.65 G
Sugar Alcohol	0 G
Water	42.2 G
Fat	4.494 G
Saturates	0.793 G
Trans Fat	0.021 G
Cholesterol	0.025 MG
Fiber	3.427 G
Minerals	
Ash	1.351 G
Calcium	20.796 MG
Iron	2.535 MG
Sodium	302.082 MG
Thiamin	0.33 MG
Riboflavin	0.18 MG
Niacin	2.775 MG
Potassium	145.481 MG
Vitamin D	0.011 MCG
Folic Acid	48.033 MCG

CASE GTIN



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