Product Code: 22260

NO PROOF 51% WHOLE GRAIN MINI SUBMARINE DOUGH

Small rectangular-shaped dinner roll dough made with whole grains that goes directly from retarder/cooler to oven, skipping the proofing step





CASE GTIN

00049800222601

SPECIFICATIONS & STORAGE

GTIN:	00049800222601
Case Count:	200
Master Pack:	CASE
Net Case Weight:	32.5 LB
Gross Case Weight:	33.913 LB
Case Cube:	1.017
Pallet Pattern:	11 Ti x 6 Hi (66 Cases/Pallet)
Serving Size:	1 ROLL (62 G)
Shelf Life from Manufacture:	120 DAYS
Storage Method:	Keep Frozen
Shelf Life Refrigerated, Prepared:	0 DAYS
Shelf Life Ambient, Prepared:	3 DAYS
Shelf Life Refrigerated, Thawed:	0 DAYS
Shelf Life Ambient, Thawed:	0 DAYS
Master Unit Size:	2.6 OZ
Case Dimensions:	14.38 IN L x 11.38 IN W x 10.75 IN H

PRODUCT INGREDIENTS

WATER, WHOLE WHEAT FLOUR, ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, IRON AS FERROUS SULFATE, THIAMINE MONONITRATE, ENZYME, RIBOFLAVIN, FOLIC ACID), YEAST, WHEAT GLUTEN, SUGAR, SOYBEAN OIL, CONTAINS LESS THAN 2% OF THE FOLLOWING: OAT FIBER, SKIM MILK, NATURAL FLAVOR, SALT, HONEY, ENZYMES, ASCORBIC ACID.

ALLERGENS

CONTAINS: MILK, WHEAT
MAY CONTAIN EGGS AND SOY

DERIVED FROM BIOENGINEERING

TIPS & HANDLING

KEEP FROZEN Retarder-To-Oven 1. Panning: Two 2x5 clusters (10 pack) or 20 individual rolls spread out on a lined sheet pan 2. Retarding: Place product in a refrigerator at 36°F to 39°F for 18-24 hours. Product can stay in refrigerator up to 36 hours. 3. Scoring: score rolls with a single straight cut 6" long and ½" deep 4. Baking: • Rack Oven: 375°F for 10-14 minutes with 10-15 seconds steam • Deck Oven: 400°F for 10-14 minutes • Convection Oven: 325°F for 10-14 minutes Floor-Thaw Option 1. Panning: Two 2x5 clusters (10 pack) or 20 individual rolls spread out on a lined sheet pan 2. Floor Thaw: thaw product for 2-3 hours at room temperature in a covered rack 3. Scoring: score rolls with a single straight cut 6" long and ½" deep 4. Baking: • Rack Oven: 375°F for 10-14 minutes with 15 seconds steam • Deck Oven: 400°F for 10-14 minutes • Convection Oven: 325°F for 10-14 minutes

Nutrition Facts

1 Servings Per Container
Serving Size 1 ROLL (62 g)

Amount Per Serving
Calories **170**

	% Daily Value*
Total Fat 3g	**4%**
Saturated Fat 0g	**0%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 140mg	**6%**
Total Carbohydrate 29g	**11%**
Dietary Fiber 3g	**12%**
Total Sugars 3g	
Includes 3g Added Sugars	**6%**
Protein 7g	**15%**
Vitamin D 0mcg	0%
Calcium 10mg	2%
Iron 1.6mg	10%
Potassium 120mg	2%
Thiamin	20%
Riboflavin	8%
Folate	6%

* The % Daily Value (dv) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

100g Nutrition Facts

Calories	225.73
Protein	**9.919 G**
Carbohydrates	**39.222 G**
Sugars	**4.569 G**
Added Sugars	**4.049 G**
Sugar Alcohol	**0 G**
Water	**45.696 G**
Fat	**3.972 G**
Saturates	**0.642 G**
Trans Fat	**0.041 G**
Cholesterol	**0.026 MG**
Fiber	**4.732 G**
Minerals	
Ash	**1.192 G**
Calcium	**19.788 MG**
Iron	**2.202 MG**
Sodium	**192.306 MG**
Thiamin	**0.286 MG**
Riboflavin	**0.143 MG**
Niacin	**2.614 MG**
Potassium	**156.911 MG**
Vitamin D	**0 MCG**
Folic Acid	**31.945 MCG**

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